



Sexually Transmitted Infections Foundation Course

- STIF CORE
- STIF PLUS

Courses from the British Association for Sexual Health and HIV (BASHH)

STIF 1:
Saturday 10th June 2023 (hybrid)

STIF 2 & 3:
Sunday 11th June 2023 (hybrid)
at
**Catherine McAuley Education &
Research Centre, 21 Nelson St,
Dublin 7, Ireland**

**COURSE DIRECTOR: Dr Lambert & Dr
Lowe**

COURSE ORGANISER:
Gordana Avramovic
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(on behalf of BASHH)

The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting. Early registration is preferable. It is recommended to attend both days although if you have attended a STIF course in the past 3 years, you can attend the STIF PLUS day to update your knowledge and skills.

It is highly recommended that delegates study the appropriate modules in e-Learning for Health before attending.

This will entail around 8-12 hours of study depending on your experience. Further information about the modules will be provided by the course organisers approximately four weeks before the course commences. The outline programme is overleaf. For further information please visit <http://www.stif.org.uk>

This is a multi-disciplinary course and applications are invited from:

Doctors and nurses working in general practice, family planning and reproductive health, GUM, health advisers, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology, ophthalmology), pharmacists, and school nurses.

STIF CORE €180 (€160 early bird*)

STIF PLUS €180 (€160 early bird*)

BOTH DAYS €360 (€300 early bird*)

***Early bird ends 14th February 2023**

You can book and pay online at
<https://www.iddoctor.info/stif-course-2023>

**Alternatively, please return the tear-off slip below,
and send a cheque or bank draft made payable to**
"BEWELL Management Ltd",
transfer details available on request.

ALL APPLICATIONS SHOULD BE

RETURNED BY 5th June 2023

Details of the e-learning modules and a Course Manual will be emailed to you nearer the time with your receipt.

ICGP CPD Recognition has been applied for
This event is recognized for CPD

Sexually Transmitted Infections Foundation Course

Saturday 10th & Sunday 11th June 2023

(HYBRID COURSE)

REGISTRATION FORM

NAME	
Present Post	
Workplace/ Institution	
Postal Address	
Daytime contact tel	
Email address for your joining instructions and course pack	
Please specify any special needs	

Please indicate the days which you wish to attend:

- ☐ DAY ONE (STIF CORE)
- ☐ DAY TWO (STIF PLUS – assumes attendance on a STIF Course in last 3 years)
- ☐ BOTH DAYS
- ☐ I wish an invoice to be raised for my registration fee - please state to whom the invoice is to be addressed:

Please return completed application to

**Gordana Avramovic, Catherine McAuley Centre, 21 Nelson
Street, Dublin 7, Ireland**
Tel: +353 1 716 4562
E-mail: gavramovic@mater.ie

Aim of STIF FOUNDATION course

To equip participants with the basic knowledge, skills and attitudes for the effective management of STIs. By the end of the course you should be able to:

Knowledge

- describe the principles of STI service provision
- recognise the issues relating to confidentiality, partner notification and treatment
- demonstrate basic knowledge of the epidemiology and the factors involved in the transmission of STIs and how to prevent transmission
- demonstrate basic knowledge of STIs, their presentation, diagnosis and management
- indicate where and when to refer patients

Skills

- demonstrate competency, and feel comfortable, in taking a sexual history
- demonstrate the skills necessary to inform patients about reducing their risk of sexual infections and risk of unplanned pregnancy
- optimise care pathways for patients through improved links with local services (GUM, Sexual Health, Contraceptive services, Psychosexual services, Microbiology, TOP services and Primary Care)

Attitudes

- demonstrate an appreciation of the lifestyle and circumstances of others and how this may reflect in their presentation and impact on their management.
- recognise the range of human sexuality, lifestyles and culture and the impact this has on transmission/prevention counselling
- demonstrate an understanding of how one's personal beliefs could affect the consultation

Day 1 (STIF days 1 & 2*)

Programme timings may change

08:00 – 08:30 Registration
08:30 - 08:35 Welcome and Introduction
08:35 - 09:20 Basics of Sexual Health provision Why are we here and what do we do?
9:20 - 10:20 Sexual History recognition of symptoms & risk management
10:20 - 10:40 Coffee Break
11:00 - 11:30 Routine diagnostic tests & physical examination
11:30 - 13:00 Groups swap after 45 mins
WS 1: Genital sores (A)
WS 2: Vaginal discharge (B)
13:00 - 14:00 Lunch
14:00 - 15:20 Groups swap after 40 mins
15:20 - 16:40 Groups swap after 40 mins
WS 1: Young people & Sexual Health (A)
WS 2: HIV risk assessment, window periods, ways to test (B)
WS 3: Partner Notification, why it matters and how to signpost (A)
WS 4: Sexual Health Promotion, risk reduction & prevention (B)
16:40-17-10 Telemedicine in sexual health

*The three days of the STIF course as set by BASHH were condensed into a 2 day weekend training.

Day 2 (STIF Days 2& 3*):

Programme timings may change

Timing Activity Speaker

08:00 - 08:30 Registration
08:30 - 08:35 Introduction
08:35 - 09:35 Session 1: Clinical HIV
09:45 - 10:30 Session 2: Domestic abuse, sexual assault & modern slavery
10:30 - 10:45 Coffee Break
10:45 - 11:25 Session 3: STI's in Pregnancy -
11:05 - 11:45 Session 4: Viral Hepatitis-
11:45 - 12:25 Session 5: Syphilis-
12:25 - 13:10 Session 6: Testicular pain and testicular lumps
13:10 - 14:00 Lunch
14:00 - 15:20 (Groups swap after 40 mins)
WS 1: Male dysuria
WS 2: Conditions affecting the genital skin-
15:20 - 16:40 (Groups swap after 40 mins)
WS 3: Pelvic Pain
WS 4: Gay, Bisexual and Transgender and other MSM
16:40 – 17-25 Female genital mutilation
17:25 - 17:30 Evaluation Forms/Feedback

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