



**Sexually Transmitted Infections Foundation Course**

- STIF CORE
- STIF PLUS

**Courses from the British Association for Sexual Health and HIV (BASHH)**

**STIF 1:**  
**Saturday 18<sup>th</sup> MAY 2024**  
**(hybrid)**

**STIF 2 & 3:**  
**Sunday 19<sup>th</sup> MAY 2024 (hybrid)**  
at  
**Catherine McAuley Education & Research Centre, 21 Nelson St, Dublin 7, Ireland**

**COURSE DIRECTOR:** *Dr Lambert & Dr O’Broin*

**COURSE ORGANISER:**  
**Gordana Avramovic**  
**+353 1 716 4562**  
[gavramovic@mater.ie](mailto:gavramovic@mater.ie)

*(on behalf of BASHH)*

*The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting. Early registration is preferable. It is recommended to attend both days although if you have attended a STIF course in the past 3 years, you can attend the STIF PLUS day to update your knowledge and skills.*

***It is highly recommended that delegates study the appropriate modules in e-Learning for Health before attending.***

*This will entail around 8-12 hours of study depending on your experience. Further information about the modules will be provided by the course organisers approximately four weeks before the course commences. The outline programme is overleaf. For further information please visit <http://www.stif.org.uk>*

***This is a multi-disciplinary course and applications are invited from:***

*Doctors and nurses working in general practice, family planning and reproductive health, GUM, health advisers, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology, ophthalmology), pharmacists, and school nurses.*

***STIF CORE €180 (€160 early bird\*)***

***STIF PLUS €180 (€160 early bird\*)***

***BOTH DAYS €360 (€300 early bird\*)***

***\*Early bird ends 19<sup>th</sup> February 2024***

***You can book and pay online at***

***<https://www.iddoctor.info/stif-course-2024>***

***Alternatively, please return the tear-off slip below, and send a cheque or bank draft made payable to “BEWELL Management Ltd”, transfer details available on request.***

***ALL APPLICATIONS SHOULD BE***

***RETURNED BY 12<sup>th</sup> of May 2024***

*Details of the e-learning modules and a Course Manual will be emailed to you nearer the time with your receipt.*

***ICGP CPD Recognition has been applied for  
This event is recognized for CPD***

**Sexually Transmitted Infections Foundation Course**

**Saturday 18<sup>th</sup> November & Sunday 19<sup>th</sup> May 2024**

**(HYBRID COURSE)**

**REGISTRATION FORM**

<b>NAME</b>	
<b>Present Post</b>	
<b>Workplace/ Institution</b>	
<b>Postal Address</b>	
<b>Daytime contact tel</b>	
<b>Email address for your joining instructions and course pack</b>	
<b>Please specify any special needs</b>	

*Please indicate the days which you wish to attend:*

- DAY ONE (STIF One, Two)
- DAY TWO (STIF Two, Three – assumes attendance on a STIF Course in last 3 years)
- BOTH DAYS
- I wish an invoice to be raised for my registration fee - please state to whom the invoice is to be addressed:

***Please return completed application to***

***Gordana Avramovic, Catherine McAuley Centre, 21 Nelson Street, Dublin 7, Ireland  
Tel: +353 1 716 4562  
E-mail: [gavramovic@mater.ie](mailto:gavramovic@mater.ie)***

### Aim of STIF FOUNDATION course

To equip participants with the basic knowledge, skills and attitudes for the effective management of STIs. By the end of the course you should be able to:

#### Knowledge

- describe the principles of STI service provision
- recognise the issues relating to confidentiality, partner notification and treatment
- demonstrate basic knowledge of the epidemiology and the factors involved in the transmission of STIs and how to prevent transmission
- demonstrate basic knowledge of STIs, their presentation, diagnosis and management
- indicate where and when to refer patients

#### Skills

- demonstrate competency, and feel comfortable, in taking a sexual history
- demonstrate the skills necessary to inform patients about reducing their risk of sexual infections and risk of unplanned pregnancy
- optimise care pathways for patients through improved links with local services (GUM, Sexual Health, Contraceptive services, Psychosexual services, Microbiology, TOP services and Primary Care)

#### Attitudes

- demonstrate an appreciation of the lifestyle and circumstances of others and how this may reflect in their presentation and impact on their management.
- recognise the range of human sexuality, lifestyles and culture and the impact this has on transmission/prevention counselling
- demonstrate an understanding of how one's personal beliefs could affect the consultation

### Day 1 (STIF days 1 & 2\*)

#### Programme timings may change

08:00 – 08.30 Registration  
08:30 - 08:35 Welcome and Introduction  
08:35 - 09:20 Basics of Sexual Health provision Why are we here and what do we do?  
9:20 - 10:20 Sexual History recognition of symptoms & risk management  
10:20 - 10:40 Coffee Break  
11:00 - 11:30 Routine diagnostic tests & physical examination  
11:30 - 13:00 Groups swap after 45 mins  
WS 1: Genital sores (A)  
WS 2: Vaginal discharge (B)  
13:00 - 14:00 Lunch  
14:00 - 15:20 Groups swap after 40 mins  
15:20 - 16:40 Groups swap after 40 mins  
WS 1: Young people & Sexual Health (A)  
WS 2: HIV risk assessment, window periods, ways to test (B)  
WS 3: Partner Notification, why it matters and how to signpost (A)  
WS 4: Sexual Health Promotion, risk reduction & prevention (B)  
16:40-17-10 Sexual Healthcare for Trans & Non-Binary People

\*The three days of the STIF course as set by BASHH were condensed into a 2 day weekend training.

### Day 2 (STIF Days 2& 3\*):

#### Programme timings may change

Timing Activity Speaker  
08:00 - 08:30 Registration  
08:30 - 08:35 Introduction  
08:35 - 09:35 Session 1: Clinical HIV  
09:45 - 10:30 Session 2: Domestic abuse, sexual assault & modern slavery  
10:30 - 10:45 Coffee Break  
10:45 - 11:25 Session 3: STI's in Pregnancy -  
11:05 - 11:45 Session 4: Viral Hepatitis-  
11:45 - 12:25 Session 5: Syphilis-  
12:25 - 13:10 Session 6: Testicular pain and testicular lumps  
13:10 - 14:00 Lunch  
14:00 - 15:20 (Groups swap after 40 mins)  
WS 1: Male dysuria  
WS 2: Conditions affecting the genital skin-  
15:20 - 16:40 (Groups swap after 40 mins)  
WS 3: Pelvic Pain  
WS 4: Gay, Bisexual and Transgender and other MSM  
16:40 – 17-25 Female genital mutilation  
17:25 - 17:30 Evaluation Forms/Feedback

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